

2023

ALLIANCE FOR YOUTH

SERVING OUR COMMUNITY'S
VULNERABLE YOUTH AND FAMILIES



"ALONE WE CAN DO SO LITTLE.
TOGETHER WE CAN DO SO MUCH."

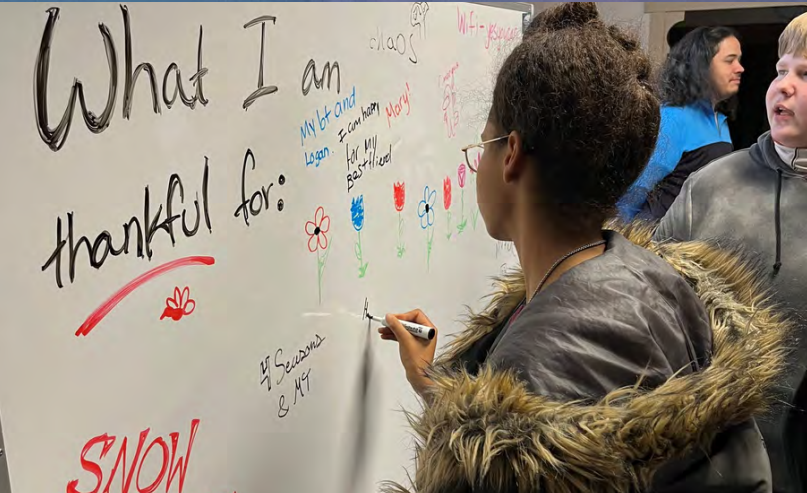
-Helen Keller



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YOUTH RESOURCE CENTER

"We meet the basic needs of our community's youth, and connect them to services that promote positive change."



◆ JULY 2022 - JULY 2023 ◆

The YRC Drop-in Center is a lower barrier, first point of contact that provides an informal, safe atmosphere to attract and engage disadvantaged youth.

Service Coordination:

- Medical & Dental
- Behavioral Health Care
- Substance Abuse Treatment
- Housing Search Support & Advocacy
- School Re-engagement & HiSET
- Workforce Development Programs

Key Features of the YRC Include:

- Hot Meals, Snacks, Pantry
- Laundry
- Showers & Hygiene Kits
- Internet/Printers/Copies



4,406 Meals Provided

3,834 Transportation Rides





MAKING AN IMPACT

The YRC served **254 youth**, offered more than **86 hours** of therapeutic support groups including pet therapy, a Process Support Group held every Monday (The Huddle) and Tuesday (Level Up) along with the YWCA's Power of Sisterhood group every Thursday. Through our partnership with Alluvion Health and Juvenile Probation, **12 youth** completed Anger Management group. The results are hopeful after a yearlong effort to engage youth in our community, we successfully assisted:

- **327 hours** of community service were completed.
- **3 youth** were placed in emergency housing.
- **18 youth** received employment support.
- **3 youth** were referred to and completed HiSET classes.



Through our Great Falls Public Schools disengaged youth outreach, we contacted **48 at-risk youth** and had astonishing results: **82%** improved their attendance, **7** completed transformational learning receiving high school credit, and **11** graduated.

TESTIMONIALS



"My anxiety has gotten lower and I'm starting to get more comfortable with people."

Faydra, 15



"I like when we have pizza, I love the beanbags and pillows because these are things I don't get at home."

Victor, 13

YRC OUTREACH 2022



1ST ANNUAL BACK2SCHOOL BLAST

This was a community-wide event with multiple partner agencies including the Great Falls Rescue Mission, United Way of Cascade County, and Alluvion Health that wouldn't have been possible without the generous sponsorships of so many organizations, especially the Town Pump Charitable Foundation.

Back2School Blast was a one-stop shop for at-risk youth and families that were in need and every child that participated received what they needed to start the school year strong. Thanks to all our volunteers, staff members, and community partners B2SB was a huge success:

- 1683 Youth & Families Attended
- 1193 Backpacks Distributed
- 274 Volunteers = 895 Volunteer Hours
- 180 Haircuts
- 48 Sports Physicals
- 105 Immunizations
- 4 Dental Screenings



BIKERS FOR KIDS IN NEED

Our Christmas Outreach partnership with "Bikers for Kids in Need" helped 75 families in the community which included providing over 236 youth with a complete Christmas meal and age-appropriate gifts, hygiene items, and school supplies.





THE SOBER LIFE



A YEAR OF GROWTH AND SUSTAINED RECOVERY!

- GREW MEMBERSHIP TO OVER 1,000+ PEOPLE
- EXPANDED SOBER LIFE ON THE FRONT CHAPTER (CHOTEAU)
- PROVIDED PEER RECOVERY COACHING & CARE COORDINATION SERVICES TO 125+ PEOPLE
- 85% OF PEERS SERVED WERE ABSTINENT AT 6-MONTH FOLLOW UP
- PEERS IN STABLE HOUSING INCREASED BY 23%
- PEERS EMPLOYED/IN SCHOOL INCREASED BY 16%

SOBER LIFE BY THE NUMBERS

- 41 FAMILY-FRIENDLY EVENTS: 2,700+ ATTENDED
- 15 DIFFERENT WEEKLY FITNESS ACTIVITIES: 2,600+ ATTENDED
- 22 COMMUNITY-BASED VOLUNTEER EVENTS: 250+ MEMBERS VOLUNTEERED 3,000+ HOURS
- 72 NATIVE-AMERICAN CULTURALLY RELEVANT ACTIVITIES: 900+ ATTENDED
- BUDGET: APPROXIMATELY \$300,000

All Data from June 2022 - May 2023



OUR THEORY OF CHANGE



**CONNECTION + PURPOSE + HOPE +
INDIVIDUAL AGENCY**



**MEMBERS ACHIEVE AND SUSTAIN
LONG-TERM RECOVERY!**



WHAT WE DO...

- Family-Friendly Events
- Fitness Activities
- Volunteer Opportunities
- Support Groups
- One-on-One Peer Support
- Native American Culturally Relevant Activities



...AND HOW WE DO IT.

- Free: Membership and all events and activities are free to participants.
- Family-Friendly: Most events open to all ages, and childcare provided at adult-only events.
- Leadership/Management, Staff and Volunteers All in Recovery: Enhances credibility with members and promotes organic growth.
- Not a Treatment Program: Builds bonds of trust with members by fostering "we're all in this together" ethos.
- Collaborative: Leveraging community partners reduces costs and increases buy-in.



WHY INVEST IN THE SOBER LIFE?

- Organic by Design
- Low Overhead/Cost Per Participant
- Adaptable to Any Community, Large or Small, Urban or Rural
- Appeals to All Age Groups and Something for Everyone
- Targeted Toward Vulnerable Populations, e.g., Native Americans, Single Parents and Veterans



SUBSTANCE ABUSE PREVENTION



Substances don't stay in their own lane

*For nearly 40 years, substance abuse prevention has been at the core of Alliance for Youth's work. We have learned that substances **jump the curb** into mental health, **crash head first** into child abuse and neglect, **veer** right into parenting concerns & **swerve** into many other issues.*

Prevention works!

Prevention addresses the root causes behind alcohol and drug use, protects our families and young people & stops addiction before it starts.



SUBSTANCE ABUSE PREVENTION EDUCATION



Youth vaping (27 presentations, 800 students)



Responsible Alcohol Sales & Service (5 classes, 44 participants)



Environmental scans (40+ convenience stores)



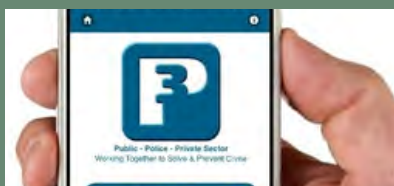
Fentanyl Community Education Events (5 events, nearly 400 in attendance)



Children See. Children Do. campaign



Youth marijuana awareness campaign



Crimestoppers partnership (P3 Crime Reporting App)



Cascade County DUI Task Force collaboration (prom, graduation, state fair, etc.)



GFPS Peer Mentoring Groups-suicide prevention training (5 schools)

LEGISLATIVE HIGHLIGHTS



What's Trending? Legislative Alerts & Calls to Action (2,200+ subscribers)



Protected the Clean Indoor Air Act from numerous attempts by local legislator to dismantle it.



Defeated attempt to defund the Montana Tobacco Use Prevention Program.



Crushed the effort to segregate e-cigarettes & vapes from traditional tobacco products in industry's attempt to restrict regulations on ENDS (electronic nicotine delivery systems).



Halted the many attempts by local legislators to weaken Montana's already anemic DUI Laws.



Worked to close the loophole in the Farm Bill to prevent delta-8 products from popping up behind counters at gas stations, convenience stores & vape shops AND supported efforts to restrict the sale of Kratom to youth.

ADVOCACY IN ACTION



Advocated to keep marijuana dispensaries restricted to industrial areas only within the Great Falls city limits.



Supported the City of Great Falls adding marijuana to the existing social host ordinance.

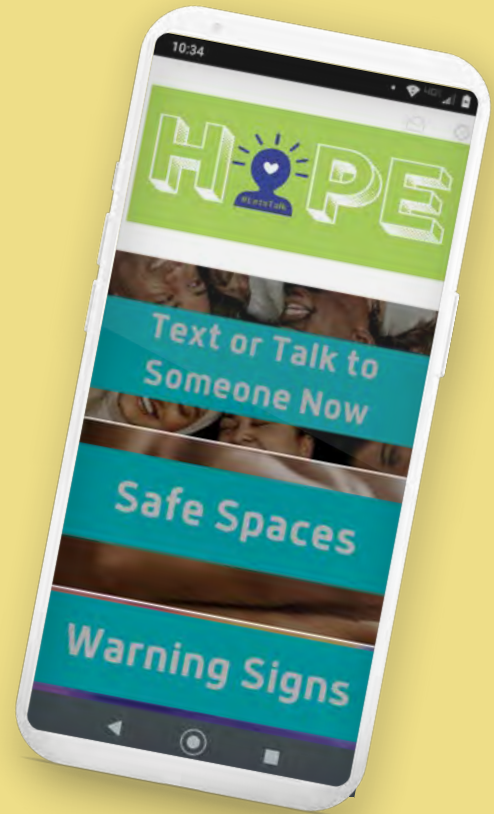
WHERE DO WE GO FROM HERE?

- Add e-cigarettes/vapes to the Montana Clean Indoor Air Act.
- Work to make Kratom restricted to 21 years of age & older.
- Strengthen Montana's DUI Laws...They are the worse in the nation!
- Keep pumping the brakes on marijuana...Let's see how this unfolds in other communities first.

EMOTIONAL HEALTH

#LETSTALK APP

The Alliance for Youth #LetsTalk app is designed to provide youth with useful and relatable information about mental health and suicide prevention...*all at their fingertips*. Whether the user be the person at risk or a friend or family member, through this custom app we can make sure the information they receive is accurate, relevant and trustworthy. It also provides additional resources such as safe spaces for those who might be in a vulnerable state. There were more than **600 new downloads** in 2023, however the site had to be entirely rebuilt, due to app hosting rights.



QUESTION PERSUADE REFER (QPR)

QPR a suicide prevention training for participants to be able to recognize the warning signs of suicide and question, persuade, and refer people at risk for suicide for help. In 2023, we facilitated **seven (7) trainings with 130 participants** overall.

YOUTH MENTAL HEALTH FIRST AID

YMHFA is a public education program which introduces participants to the unique risk factors and warning signs of mental health problems in adolescents, builds understanding of the importance of early intervention, and teaches individuals how to help an adolescent in crisis or experiencing a mental health challenge. In 2023, we facilitated **one (1) training with nine (9) youth probation and parole officers**.





PEER MENTORING GROUPS

We partnered with the Great Falls Public School District and United Way of Cascade County to develop, facilitate and grow their Peer Mentoring Program. In 2023, there were **five (5) school groups** (CMR High School, Great Falls High School, Paris Gibson Education Center & East Middle School) with a total of **82 youth** participating.

Students volunteered with the desire to do peer-to-peer mentoring. They were trained in evidence-based mental health practices and how to identify peers who are struggling with anxiety, depression, trauma or grief. They are then able to refer peers to the appropriate resources.

All groups are facilitated by a GFPS Mental Health Therapist with support from School Counselors. Students meet weekly during designated class periods for 50 minutes.

EVENTS & ACTIVITIES

- 988 art display
- School survival kits
- Suicide awareness walk
- Mental Health Awareness Week
- Fidget making station
- Finals week wellness bags
- Hygiene drive
- Kindness "Pass It On" cards
- Wellness Wednesdays
- Assemblies
- Interactive Instagram account
- Teacher appreciation



PARENTING SUPPORT SERVICES



Nurturing Parenting®

- Family-centered, designed to build nurturing parenting skills as an alternative to abusive & neglectful parenting practices.
- Parents with youth age 5-11 practiced and completed homework to reinforce the skills learned over the 15-week course.

5
Classes

32
Parents
Completed



circle of Parents®
Sharing Ideas. Sharing Support.

- Mutual support group for parents with school age children and hosted by trained facilitators as well as being led by parent peers with similar life experiences.
- A welcoming, warm, and respectful group of people who truly understand and care in a safe, non-judgmental place.

12
Classes

83
Parents
Completed

70
Children
Completed



- Co-parenting course for families going through divorce, separation, & custody changes.
- Focused on the whole family - children & parents and how this transition impacts each person.

6
Classes

32
Parents
Completed



Love and Logic®

Parenting the Love and Logic Way

- Simple, logical, & effective tools & techniques to help parents achieve respectful, healthy relationships with their children (of any age).
- Each session focuses on a different skill set utilizing a combination of real-life stories and humor.

2
Classes

13
Parents
Completed



Peer support changes lives

Support parents and guide them as they embark on their parenting journey.

- Parenting in recovery.
- Parenting navigating challenges of divorce.
- Parents navigating child removal situations.
- Parents facing challenges with any behavioral or mental health disorders or concerns.

27
Peers

10
Graduated

Mediation and Accountability

- Focuses on strengthening communication & relationship skills for families with children ages 0-18 years.
- Utilized a solutions based approach with mindful & respectful mediation techniques as well as follow-up support.

10
Families

6
Families
Completed

Thanks to the support of the **Montana Children's Trust Fund, United Way of Cascade County, and City of Great Falls**, our parenting programs had a significant impact on youth and families in our community:



Served **105 Families**

160 Parents

85 Children

- More than **90%** of parents demonstrated an improved knowledge in one or more risk factors (expectation of child, parental empathy, use of corporal punishment, parent-child family roles and child's power and independence).
- Out of **15 parents** who successfully completed Nurturing Parenting, **8** were able to be contacted for a 6-month follow-up and **100%** of those had not engaged in abusive or neglectful behavior or recidivated in any partner/family assault.



CASCADE COUNTY & BEYOND

SERVING EIGHT COUNTIES THROUGHOUT MONTANA

PREVENTION

Cascade County
Toole County
Chouteau County
Liberty County
Pondera County
Teton County
Blaine County
Hill County



SOBER LIFE

Toole County (*Sober Life on the Hi-Line*)
Teton/Pondera County (*Sober Life on the Front*)



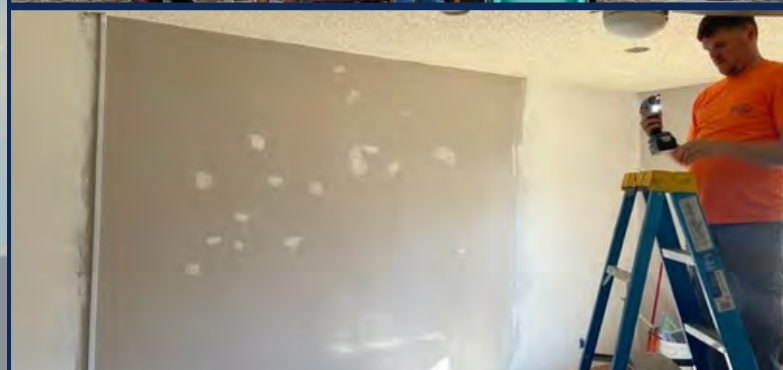
BUILDING A SOLID FOUNDATION FOR AN EVER-CHANGING WORLD

Thank you for making our once-in-a-lifetime dream come true!



FUNDERS

- GF CHAMBER LEADERSHIP GREAT FALLS
- HARRISON FOUNDATION
- LATTER DAY SAINTS CHARITIES
- MARSHALL ORTHODONTICS
- LANCE & HEATHER BRIMHALL FAMILY
- ROTARY ELECTRIC
- GENE & JANE THAYER
- FIRST UNITED CONGREGATIONAL CHURCH OF CHRIST
- DWIGHT & NORMA ASHBY SMITH
- BRIAN & BARBARA HOVEN



CONTRACTORS

- ANDY COLLIER
- BRENNAN HEATING & COOLING, INC.
- BRIAN SUSKO
- CHINOOK WINDOWS, INC.
- CRAFTMASTER CABINETS, INC.
- DETAILED CONSTRUCTION CO.
- GILHAM INSULATION, LLC.
- KAUFFMAN QUALITY CONSTRUCTION, LLC.
- LIBERTY ELECTRIC, INC.
- MISSION ELECTRIC, LLC.
- PALAGI PLUMBING & HEATING, INC.
- PAT'S PAINTING, INC.

AFY PARTNERING WITH OUR COMMUNITY

BUILDING A BETTER FUTURE TOGETHER

LOOK WHO WE WELCOMED INTO OUR BUILDING THIS YEAR

Airmen Leadership School Youth Mentoring
Alluvion Health
American Red Cross Blood Drive
ASSIST Training
Back 2 School Blast
Bikers for Kids in Need
CASA Can
Cascade County Substance Abuse Prevention Alliance
Central Montana Out of the Darkness
Columbia Falls High School Peer Mentoring
CPS Family Visits
Dandelion Foundation
Drug Endangered Children Task Force
Early Risers
Great Falls Chamber of Commerce Leadership High School
Great Falls Job Service
Great Falls Public Radio (KGPR)
Great Falls Public Schools
Great Falls Rescue Mission
Great Falls Symphony
Hope House
In His Hands Ministry
Key Club
Little Shell Tribe
Montana Officials Association
Montana's Peer Network
Montana Veterans Support
MSU Nursing
NARCAN Train the Trainer
National Alliance on Mental Illness (NAMI)
NoMore Violence Week
N. Central Montana Human Trafficking & MMIP Task Force
Peace Place
RASS Training
SMART Recovery
SNAP Employment Training Program
United Way of Cascade County
Veterans Mentoring Veterans
Wisdom Conference
Worlds of Work
Young Life
Youth Court Services Community Service & Life Skills
Youth Craft Fair
Youth Mental Health First Aid
Youth Symphony
YWCA of Great Falls



ALLIANCE FOR YOUTH DONOR GRATITUDE LIST

Warriors for Youth - \$50,000+

Alice Lee Lund Charitable Trust
 Anonymous (2)
 Blue Cross Blue Shield of Montana
 Nancy Cameron Davidson
 Gianforte Family Foundation
 Harrison Family Foundation
 KIB Homes
 Leadership Great Falls (GF Area Chamber)
 Marshall Orthodontics, PC
 Montana Healthcare Foundation
 Otto Bremer Trust
 Rotary Electric
 Gene & Jane Thayer
 United Way of Cascade County

Guardians for Youth - \$25,000+

Eric & Lori Beatty
 Benefis Health System
 Lance & Heather Brimhall
 Latter-Day Saint Charities

Defenders for Youth - \$10,000+

David & Tanya Cameron
 Cross Charitable Foundation
 D.A. Davidson Companies
 First Congregational United Church of Christ
 First Interstate Bank
 Jeff & Renee Quakenbush
 Kauffman Quality Construction
 Robert & Audrey Parkinson
 Steele-Reese Foundation
 Thelma H. & John J. Zeller, Inc.
 Michael & Brenda Troyer
 Town Pump Charitable Foundation
 Veterans Mentoring Veterans Program

Protectors for Youth - \$5,000+

Glen & Juliann Bliss
 Gerhart Foundation
 Paula Jackson
 Ray Larson
 Lithia Chrysler Jeep Dodge
 Loenbro
 Cheryl Malmberg
 John Morrison Healthy Montana Kids Fund
 Elfriede Neber
 Rocky Mountain Treatment Center
 Russell Country Federal Credit Union
 Scheels
 Sletten Construction Company
 Stockman Bank
 Beverly Stone
 Taylor's Automax
 Dustin & Nicole Thompson
 Walter & Donna Vashaw
 Clifford & Judith Zachman

Advocates for Youth - \$1,000+

Jim Albers
 All 4Him Gathering Ministries
 AJ's Backflow Testing, LLC.
 Lonnie & Shannon Anderson
 Thomas Attaway
 A.W. Baack
 Robin Baker
 Annie Banker
 Antioch Church
 Bob Bergan
 Barbara Bessette
 Beehive Homes of Great Falls
 Bethel Lutheran Church
 Joe & Susan Bodner
 Boe Brothers Foundation
 Dr. Benny & Karen Brandvold
 Jennifer Cantley
 Cargill
 Todd & Michelle Carmichael
 Central Plumbing & Heating
 Nancy Clark
 Clearwater Credit Union
 Trevor Daer
 Thomas & Cynthia Duffy
 Debra Evans
 The Fagenstrom Co.
 James & Debra Filipowicz
 Franz Bakery Foundation
 For Such a Time As This
 Stephanie & Patrick Gannon
 Mariah Gondeiro
 Sharlene Greyn
 Great Falls Elks Lodge #214
 Great Falls Lions Club
 Great Falls Voyagers
 GF Public Schools Foundation
 David & Katherine Herman
 Home Depot
 Robert Holter
 Brian & Barbara Hoven
 Monte & Carol Chaffee Idland
 Dr. Charles & Gerry Jennings
 John & Kristen Juras
 Kellergeist
 John & Marcia Leaf
 Brennen Lewis
 Wayne Linnell
 Brad Livingston
 LPW Architecture
 Judy Ludtke
 Corrine McBride
 Mitchell Develop. & Invest.
 Beth & Heath Morrison
 Mountainview Elementary PTA
 Ron & Becky Nelson

NorthWestern Energy
 Nunez Family
 Opportunities, Inc.
 Glen & Elaine Osborne
 Our Savior's Lutheran Church
 David & Darla Parker
 R.E. & A.J. Parkinson
 P.E.O. - Chapter AX
 Trace Richburg
 Tom & Jan Robitaille
 Sam's Club
 Dwight & Norma Ashby
 Smith
 Beverly Stone
 TJX Foundation, Inc.
 Uptown Optimists of GF
 Venerable Ins. & Annuity Co.
 Vets 4 Vets
 Victory Church
 Mark & Mary Willmarth
 Joyce Ziegenhagel



Special thanks to our fundraising committee for helping move us forward: Annie Banker, Shane Etwiler, Stephen L'Heureux, Tim McGonigal, Becky Nelson, Ron Nelson, Shandy Petersen, Dwight Smith, and Norma Ashby Smith.

ALLIANCE FOR YOUTH

Donor Appreciation Event

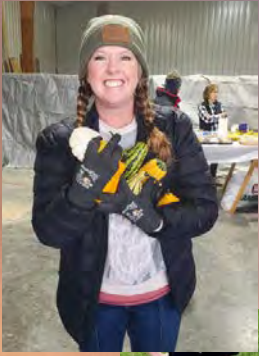
NOVEMBER 10, 2022



*Thank You for Your Dedication,
Compassion, and Generosity*



WE DO SERIOUS WORK...



...BUT WE ALSO KNOW HOW TO HAVE FUN!

Alliance for Youth, Inc
Statement of Assets, Liabilities & Equity-Modified Cash
As of June 30, 2023

FINAL

| | June 30, 2023 | June 30, 2022 |
|--|---------------|---------------|
| ASSETS | | |
| Current Assets | | |
| Checking/Savings | | |
| 1115 · Cash - FIB Checking | 36,074.26 | 94,466.82 |
| 1125 · Cash - FIB Savings | 480,185.85 | 405,988.67 |
| Total Checking/Savings | 516,260.11 | 500,455.49 |
| Other Current Assets | | |
| 1210 · Receivable | 174,590.63 | 144,870.45 |
| 2200 · Edward Jones 589-31473-1-3 | 34,410.17 | 32,451.86 |
| Total Other Current Assets | 209,000.80 | 177,322.31 |
| Total Current Assets | 725,260.91 | 677,777.80 |
| Fixed Assets | | |
| 2005 · Land | 137,500.00 | 137,500.00 |
| 2015 · Building | 414,159.00 | 414,159.00 |
| 2020 · Building Improvements | 180,175.01 | 180,175.01 |
| 2010 · Furniture and Equipment | 47,224.82 | 47,224.82 |
| 2030 · Vehicles | 20,247.00 | 20,247.00 |
| 2400 · Accumulated Depreciation | -91,844.46 | -61,866.46 |
| Total Fixed Assets | 707,461.37 | 737,439.37 |
| TOTAL ASSETS | 1,432,722.28 | 1,415,217.17 |
| LIABILITIES & EQUITY | | |
| Liabilities | | |
| Current Liabilities | | |
| Other Current Liabilities | | |
| 3040 · Accounts Payable | 25,767.10 | 45,305.32 |
| 3300 · Payroll Liabilities | 12,785.28 | 10,803.14 |
| 3380 · Benefit Payable | 0.00 | 3,362.31 |
| Total Other Current Liabilities | 38,552.38 | 59,470.77 |
| Total Current Liabilities | 38,552.38 | 59,470.77 |
| Long Term Liabilities | | |
| 3600 · N/P - Victory Church | 0.00 | 39,700.00 |
| Total Long Term Liabilities | 0.00 | 39,700.00 |
| Total Liabilities | 38,552.38 | 99,170.77 |
| Equity | | |
| 4580 · Net Assets without Donor Restrictions | 1,316,046.40 | 889,789.68 |
| 4600 · Net Assets w/ Donor Restrict | 0.00 | 66,956.32 |
| Net Income | 78,123.50 | 359,300.40 |
| Total Equity | 1,394,169.90 | 1,316,046.40 |
| TOTAL LIABILITIES & EQUITY | 1,432,722.28 | 1,415,217.17 |

Disclosures omitted. No assurance provided on these financial statements.