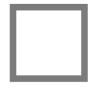


Parenting Support Services Referral Form

Isis Olson, Parenting Support Program Manager

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www.allianceforyouth.org



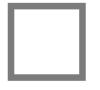


- 15 week course for parents with youth age 5-11.
- Family-centered, designed to build nurturing parenting skills as an alternative to abusive & neglectful parenting/child-rearing practices.
- 1.5 hour weekly in person sessions
- Parents will practice and have homework to reinforce skills learned each week



Mediation and Accountability

- tocuses on strengthening communication & relationship skills.
- For families with children ages 0-18 years.
 Utilizes a solutions based approach along with mindful and respectful mediation techniques.
- 3 1.5 hour face-to-face mediation sessions.
- Provide follow-up support & referral to a higher level of care, if needed.





Parenting the Love and Logic Way

- Provides simple, logical, & effective tools & technques that help adults achieve respectful, healthy relationships with their children (of any age) in a non-threatening environment.
- 6 seperate in person sessions each focusing on a different skill set utilizing a combination of real-life stories and humor.





Peer support changes lives

Peer Coaching Support Specialists use their personal experiences to develop meaningful and trusting relationships with parents in order to support and guide them as they embark on their parenting journey. This includes (but is not limited to):

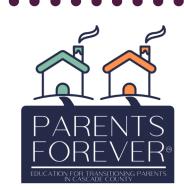
- Parents in recovery.
 Parents navigating the challenges of divorce.
 Parents navigating child removal situations.
 Parents facing challenges with any behaviorial/mental health disorders or concerns.





- Geared towards parents who are in need of support and have school age children.
- A 1 hour, in person mutual support group hosted by trained facilitators and led by parent peers with similar life experiences.
- A welcoming, warm, and respectful group of people who truly understand and care in a safe, non-judgmental place,
- FREE dinner and childcare is provided.





- Coparenting course For families going through divorce, separation, & custody changes.
- Focuses on the whole family children & parents and how this transition impacts each person.
- 1 6 hour in-person session.